

**The Enrichment Center
is a program of
Community Senior Services**

Community Senior Services provides a broad array of programs, services and support for older adults and their families. The mission of the organization is to “connect people, information, resources and communities to enrich the lives of older adults.” For more information visit our website at www.CommunitySeniorServices.org



Thank you to our community partners:



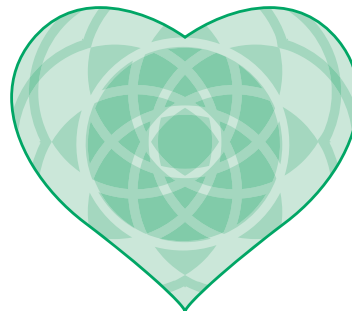
SERVING THE CITIES OF:

- Azusa
- Chino
- Chino Hills
- Claremont
- Covina
- Diamond Bar
- Glendora
- La Verne
- Montclair
- Ontario
- Pomona
- Rancho Cucamonga
- San Dimas
- Upland
- Walnut
- West Covina

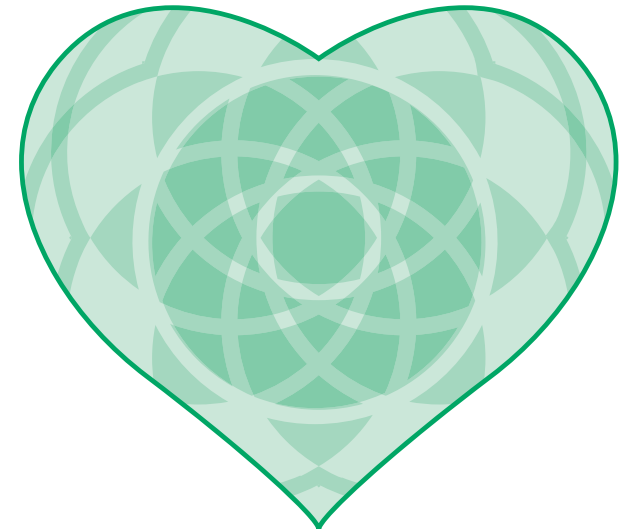
Please call us to schedule a visit

(909) 621-9900

www.CommunitySeniorServices.org



The **Enrichment Center**
ADULT DAY PROGRAM



**Creating
Peace of Mind
Every Day**

A Program of **COMMUNITY SENIOR SERVICES**



*“There are only four kinds of people in the world
Those who have been caregivers, those who are currently caregivers
those who will be caregivers and those who will need caregivers.”
~ Rosalynn Carter*

The Enrichment Center Adult Day Program

provides a safe and loving environment for memory impaired older adults.

Participants receive warm, individualized and group attention, socialization and peer support.

Caregivers can take a break knowing their loved ones will have both mental and physical engagement.

“The Enrichment Center has been a wonderful support system for our family. My mother, Barbara, moved in with us two years ago. We found the EC a kind and stimulating social place for her. Barbara has been attending regularly and does not miss a day or she misses all her new friends.” Enrichment Center Family Member

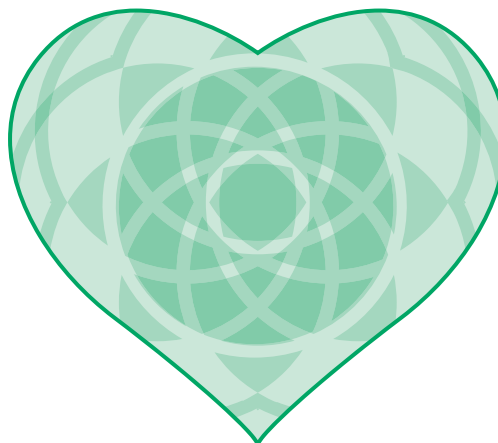
Enrichment Center is located at

Larkin Park Building
763 West Harrison Avenue
Claremont

Hours of Operation:
Monday thru Friday
10:00 AM to 4:00 PM

Seniors who may benefit . . .

- Challenged dementia, including Alzheimer’s disease
- Can no longer structure their own daily activities
- Socially isolated and desire companionship
- Cannot be safely left alone at home
- Live with someone who works outside of the home or who is frequently away from home
- Need assistance with Activities of Daily Living (e.g., dressing, bathing)



Some activities provided to participants on a daily basis

- Current events with discussion groups
- Mental stimulation games such as Trivia
- Daily exercises
- Activity circle
- Gardening projects
- Arts and crafts
- Music entertainment and sing-a-longs
- Daily doses of nostalgia
- Holiday and birthday celebrations
- Prepare shared meals and snacks
- Pet visits
- Outings to engage in the community (Extra fee may be required)

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