



2015 Resource Directory Community Senior Services Programs

Community Senior Services is a non-profit organization whose mission is to “Connect people, information, resources and communities to enrich the lives of older adults.” The programs and services provided include:

Senior Help Line (909) 625-4600

“The #1 community resource on aging information and services”

The ***Senior Help Line*** personally guides individuals through the maze of local services. Our extensive database enables Help Line staff and volunteers to give accurate and concise information about agencies, programs and resources committed to serving seniors.

Get About Transportation

Get About provides transportation for seniors (over 60 years) and disabled residents of Claremont, La Verne, Pomona and San Dimas. The door-to-door service can be used for shopping, doctor’s appointments, church, senior nutrition sites and many other locations within the four cities. The service operates 7 days a week and membership is free. Please call (909) 621-9900 to register.

Foothill Communities RSVP

RSVP offers a “one stop resource” for active adults 55+ who want to find challenging and rewarding service opportunities. Volunteers enjoy social interaction while continuing to use their wisdom, experience and skills to impact their communities. The reason people volunteer is because someone asked them to. RSVP invites you to volunteer!

Senior Companion Program

Senior Companions make independence a reality. If you are 55+ and want to share your experience and compassion, you have what it takes to be a Senior Companion. It’s that simple.

Senior Companions serve up to 40 hours a week. Volunteers who qualify will earn a tax-free, hourly stipend. In addition, with Senior Companions you'll receive pre-service orientation, ongoing training and supplemental accident and liability insurance while on duty. Contact us at (909) 621-9900 if you would like to apply or to receive services from the Senior Companion Program.

Family Caregiver Support Program

One of the greatest challenges of caregiving is finding resources when you need them. Our Family Caregiver Support Program offers a wide array of services to assist and support caregivers including case management, support groups and educational/training workshops.

The Enrichment Center Adult Day Care Program

The Enrichment Center Adult Day Program is designed to meet the social needs of cognitively impaired older adults by creating a safe and loving environment with socialization, activities and lunch for loved ones (for whole or half day) allowing caregiver a well-deserved break.

REAL Connections (909) 621-6300

www.REALconnections.org

REAL Connections is an exciting new membership program being created especially for people 50+. The idea is that adults in our community strongly prefer to remain here, enjoying independent and vibrant lives by connecting with neighbors and conveniently accessing trusted resources and a vetted network of services. REAL Connections is designed to make members' lives less complicated and more fulfilling. Neighbors helping neighbors, meaningful volunteer and social involvement, opportunities to optimize health and wellness, members-only discounted services and peace of mind – all with one phone call.

Community Connections – www.communityconnections-css.org

Community Connections is an innovative volunteer driver program that provides door-through-door assisted transportation service to seniors and individuals with disabilities who cannot easily use other transportation services. The key to the program is providing mileage reimbursement for volunteers to transport individuals who are too frail, ill or unable to use public transportation for other reasons.

Change a Life Foundation

Change a Life Foundation partners with Community Senior Services to provide seniors, through their case managers, an opportunity to apply for a foundation grant. These grants provide eligible seniors support for critically needed assistance that promotes self-sufficiency and improves quality of life. ***“A special thank you to CALF for their generous support that made the printing of this directory possible.”***

Senior Resource Directory

The ***Senior Resource Directory*** is a comprehensive guide listing local and national organizations that provide services to seniors and their families.

Community Connections Newsletter

A quarterly newsletter, the ***Community Connections Newsletter*** features information, current events, activities, topics of interest, and volunteer opportunities. Available free at senior centers and various other locations or online at the Community Senior Services website www.CommunitySeniorServices.org

Abuse

**2-1-1 San Bernardino and Los Angeles
County**
211

**Adult Protective Services
Los Angeles County**
888-202-4248 24 Hr Hotline
888-477-3646 Call Center

**Adult Protective Services
Riverside County**
800-491-7123 24 Hr Hotline
888-960-4477 IHSS
951-358-6998 Office

**Adult Protective Services
San Bernardino County**
Department of Aging & Adult Services
877-565-2020 24 Hr. Adult Abuse

Chicana Service Action Center
800-548-2722 24 Hr. Hotline

Domestic Violence Hotline/Haven Hills
P. O. Box 260
Canoga Park, CA 91305
800-978-3600 24 Hr. Hotline
818-887-6589 24 Hr. Crisis Line
www.havenhills.org

House of Ruth
P. O. Box 459
Claremont, CA 91711
909-623-4364 Pomona
909-391-4515 Ontario
909-988-5559 24 Hr. Hotline

Project Sister
P. O. Box 1369
Pomona, CA 91769
800-656-4673 24 Hr. Hotline
909-623-1619 Office
909-626-4357 Rape Crisis Hotline

WINGS
943 N. Grand Avenue
West Covina, CA 91724
626-967-0658
www.ywcasgv.org

Aging in Place

Real Connections
141 Spring St
Claremont, CA 91711
909-621-9900
www.realconnections.org

Animals & Pets

**Banfield Pet Hospital at Western
University**
611 E. 2nd Street
Pomona, CA 91766
909-865-2433
www.banfield.net

Devore Animal Shelter
19777 Shelter Way
San Bernardino, CA 92407
909-386-9820
800-472-5609
www.sbcounty.gov

Inland Valley Humane Society & SPCA

500 Humane Way
Pomona, CA 91766
909-623-9777
909-594-9858 Animal Emergency
www.ivhssPCA.org

Mary S. Roberts Pet Adoption Center

6165 Industrial Street
Riverside, CA 92504
951-688-4340
www.petsadoption.com

Rancho Cucamonga Animal Care

11780 Arrow Route
Rancho Cucamonga, CA 91730
909-466-7387
www.rcpets.info

Caregiver Resource

Family Caregiver Support Program

141 Spring Street
Claremont, CA 91711
909-621-9900
www.communityseniorservices.org

Cemetery/Funeral

Riverside National Cemetery

22495 Van Buren Avenue
Riverside, CA 92518
951-653-8417
www.cem.va.gov

City Halls

Chino City Hall

13220 Central Avenue
Chino, CA 91710
909-627-7577
www.cityofchino.org

Chino Hills City Hall

14000 City Center Circle
Chino Hills, CA 91709
909-364-2600
www.chinohills.org

Claremont City Hall

207 Harvard Avenue
Claremont, CA 91711
909-399-5460
www.ci.claremont.ca.us

Covina City Hall

125 E. College Street
Covina, CA 91723
626-384-5400
www.ci.covina.ca.us

Diamond Bar City Hall

21825 E. Copley Drive
Diamond Bar, CA 91765
909-839-7000
www.ci.diamond-bar.ca.us

Glendora City Hall

116 E. Foothill Blvd.
Glendora, CA 91741
626-914-8200
www.ci.glendora.ca.us

La Verne City Hall

3660 "D" Street
La Verne, CA 91750
909-596-8726

www.ci.la-verne.ca.us

Montclair City Hall

5111 Benito Street
Montclair, CA 91763
909-626-8571

www.ci.montclair.ca.us

Ontario City Hall

303 E. "B" Street
Ontario, CA 91764
909-395-2000

www.ci.ontario.ca.us

Pomona City Hall

505 S. Garey Avenue
Pomona, CA 91769
909-620-2311

www.ci.pomona.ca.us

Rancho Cucamonga City Hall

10500 Civic Center Drive
Rancho Cucamonga, CA 91730
909-477-2700

www.ci.rancho-cucamonga.ca.us

San Dimas City Hall

245 E. Bonita Avenue
San Dimas, CA 91773
909-394-6200

www.cityofsandimas.com

Upland City Hall

460 N. Euclid Avenue
Upland, CA 91786
909-931-4100

www.ci.upland.ca.us

Walnut City Hall

21201 La Puente Road
Walnut, CA 91789
909-595-7543

www.ci.walnut.ca.us

West Covina City Hall

1444 W. Garvey Avenue
West Covina, CA 91790
626-939-8400

www.westcovina.org

Civic/Government**Area Agency on Aging - Los Angeles County**

333 Wilshire Blvd, Suite 400
Los Angeles, CA 90010
213-738-4004 State Dept. on Aging
800-510-2020 Info
800-243-8091 LA County

www.css.lacounty.gov

Department of Aging and Adult Services**Rancho Cucamonga Office**

9445 Fairway View Place, Suite 110
Rancho Cucamonga, CA 91730
909-948-6200

<http://sbcounty.gov/daas>

**Department of Aging and Adult Services
(DAAS)**

San Bernardino County

686 E. Mill Street
San Bernardino, CA 92415
909-981-3900 Administration
800-510-2020 Senior Info
877-565-2020 Elder Abuse
866-229-0284 Long Term Care Ombudsman
<http://hss.sbcounty.gov/daas>

Department of Public Social Services

Los Angeles County

2040 W. Holt Avenue
Pomona, CA 91768
888-613-3777
626-569-1399 Case Worker/Info

Department of Public Works

Los Angeles County

888-253-2652
www.888cleanla.com

**Equal Employment Opportunity
Commission**

131 "M" Street, NE
Washington, DC 20507
800-669-4000 All Inquiries
800-800-6820 TTY (Publications)
202-663-4900
www.eeoc.gov

Franchise Tax Board

P. O. Box 942886
Sacramento, CA 94286-0940
800-338-0505 Automated
800-852-5711 Taxpayer Assistance
800-822-6268 TTY/TDD
www.ftb.ca.gov

Franchise Tax Board

Los Angeles Office

300 S. Spring Street, Suite 5704
Los Angeles, CA 90013
www.ftb.ca.gov

Local Registrar of Birth & Death

Los Angeles County

12400 Imperial Hwy.
Norwalk, CA 90605
800-815-2666

Local Registrar of Birth & Death

San Bernardino County

390 North Mountain View Avenue
San Bernardino, CA 92415-0010
909-381-8990

Medi-Cal - Los Angeles County

Pomona Office

2040 W. Holt Avenue
Pomona, CA 91768
909-865-5210
www.medi-cal.ca.gov

Medi-Cal – San Bernardino County

Ontario Office

1627 East Holt Blvd.
Ontario, CA 91761
877-410-8829
www.medi-cal.ca.gov

Social Security Administration

Fontana

10668 Sierra Avenue
Fontana, CA 92337
800-772-1213
800-325-0778 TTY
www.ssa.gov

Social Security Administration**Glendora**

1165 E. Route 66
Glendora, CA 91740
800-772-1213
800-325-0778 TTY

www.ssa.gov

Social Security Administration**Ontario**

1100 W. Holt Blvd.,
Ontario, CA 91761
800-772-1213
800-325-0778 TTY

www.ssa.gov

Social Security Administration**Pomona**

960 W. Mission Blvd.,
Pomona, CA 91766
800-772-1213
800-325-0778 TTY

www.ssa.gov

Victim Witness Assistance**L.A. District Attorney's Office**

800-380-3811

www.vcgcb.ca.gov

Victim Witness Assistance**Los Angeles County**

401 Civic Center Plaza, Room 201
Pomona, CA 91766
909-620-3881

www.vcgcb.ca.gov

Victim Witness Assistance**San Bernardino County**

8303 Haven Avenue, 4th Floor
Rancho Cucamonga, CA 91730
909-387-6540

www.vcgcb.ca.gov

West Valley Mosquito Vector Control**San Gabriel Valley**

1145 N. Azusa Canyon Road.
West Covina, CA 91790
626-814-9466

www.sgvmosquito.org

West Valley Mosquito Vector Control**San Bernardino County**

1295 E. Locust Street
Ontario, CA 91761
909-635-0307

www.wvmosquito.org

Zip Code Hotline

800-275-8777

www.usps.com

Consumer Services**Better Business Bureau**

315 N. La Cadena Drive
Colton, CA 92324
909-825-7280

www.la.bbb.org

California Department of Insurance -**Consumer Hotline**

300 S. Spring Street, South Tower
Los Angeles, CA 90013
800-927-4357

213-897-8921 Los Angeles

California State Attorney General Office –

Consumer Fraud

P. O. Box 944255
Sacramento, CA 94244-2550
800-952-5225 Public Inquiry Unit
www.ag.ca.gov

**Department of Consumer Affairs -
Kenneth Hahn Hall of Administration**

500 W. Temple Street, Room B-96
Los Angeles, CA 90012
213-974-1452
800-593-8222
800-973-3370 Real Estate Fraud & Info
<http://consumer-affairs.co.la.ca.us>

National Consumers League

1701 K Street, NW, Suite 1200
Washington, D.C. 20006
202-835-3323
www.natlconsumersleague.org

National Fraud Information Center

www.nc/net.org
www.fraud.org

State Department of Consumer Affairs

1625 N. Market Blvd., Suite 5202
Sacramento, CA 95834
800-952-5210
www.consumerwiki.dca.ca.gov

Counseling

Age Wise

850 Foothill Blvd.
Rialto, CA 92376
909-421-9470

Alcoholics Anonymous – Inland Empire

897 Via Lata, Suite “AA”
Colton, CA 92324
909-825-4700 24 hrs/7 days
www.inlandempireaa.org

**Alcoholics Anonymous
San Gabriel/Pomona Valley**

849 E. Route 66, Suite D
Glendora, CA 91740
909-624-2712 24 hrs
626-914-1861 24 hrs
www.aasguco.org

**Alcoholics Anonymous
San Gabriel/Pomona Valley**

898 N. Garey Avenue
Pomona, CA 91767
909-629-0493
www.aasguco.org

**Alcoholics Anonymous
San Gabriel/Pomona Valley**

4716 Brooks Street
Montclair, CA 91763
909-629-0493
www.aasguco.org

**Alcoholics Anonymous
Los Angeles County**

4311 Wilshire Blvd., #104
Los Angeles, CA 90010
800-923-8722
www.lacoaa.org

Bilingual Family Counseling Service

317 W. “F” Street
Ontario, CA 91752
909-986-7111
www.bfcsinc.org

**Department of Behavioral Health
Counseling Services
San Bernardino County – Ontario**
1647 E. Holt Avenue
Ontario, CA 91761
909-933-6341

**Department of Behavioral Health
Counseling Services
San Bernardino County – Upland**
934 N. Mountain Avenue, Suite C
Upland, CA 91784
909-579-8100

East Valley Community Health Center
420 S. Glendora Avenue
West Covina, CA 91790
626-919-5724
626-919-3402
www.evchc.org

Family Service of Pomona Valley
436 W. 4th Street, Suite 215
Pomona, CA 91766
909-620-1776
www.familyserviceofpomona.com

Foothill Aids Project
233 W. Harrison Avenue
Claremont, CA 91711
909-482-2066
www.fapinfo.org

**Health Insurance Counseling and Advocacy
Program (HICAP)**
800-824-0780 LA County
951-241-8723 Riverside & San Bernardino
Counties
www.cahealthadvocates.org/HICAP

Inland Caregiver Resource Center
1430 E. Cooley Drive, Suite 124
Colton, CA 92324
800-675-6694
909-514-1404
www.inlandcaregivers.com

**Inland Valley Recovery Services
Administration Office**
916 N. Mountain Avenue, Suite A
Upland, CA 91786
909-932-1069
www.inlandvalleyrecovery.org

**Inland Valley Recovery Services
Recovery Center**
934 N. Mountain Avenue, Suite A & B
Upland, CA 91786
909-949-4667
www.inlandvalleyrecovery.org

**Loma Linda University
Behavioral Medicine Center**
1710 Barton Road
Redlands, CA 92373
909-793-9333
800-752-5999
www.lomalindahealth.org

**Los Angeles Caregiver Resource Center
(LACRC)**
3120 N. Clybourn Avenue
Burbank, CA 91505
800-540-4442 CA Only
818-847-9141
www.losangelescrc.org
www.lacrc@usc.edu

**Mental Health America
in Los Angeles County**

100 W. Broadway, Suite 5010
Long Beach, CA 90802
562-285-1330
888-242-2522
www.mhala.org

National Alliance for Mentally Ill (NAMI)

800-950-NAMI (6264) Info Hotline
www.nami.org

**National Alliance for Mentally Ill (NAMI)
Chino Valley**

3045 S. Archibald Avenue, Suite H
PMB 287
Ontario, CA 91761
www.namicalifornia.org

**National Alliance for Mentally Ill (NAMI)
Pomona Valley – Claremont**

909-399-0305
www.namipomonavalley.org

**National Alliance for Mentally Ill (NAMI)
San Gabriel Valley**

626-577-6697
<http://sgv.nami.org>

**National Council on Alcoholism and Drug
Dependence of East San Gabriel and
Pomona Valleys**

4626 N. Grand Avenue
Covina, CA 91724
626-331-5316

**National Council on Alcoholism and Drug
Dependence of East San Gabriel and
Pomona Valleys**

656 N. Park Avenue
Pomona, CA 91766
909-629-4084

National Suicide Hotlines

800-784-2433
800-273-8255
800-799-4889 TTY
<http://suicidehotlines.com>

Overcomers

12828 Atcheson Drive
Whittier, CA 90601
800-310-3001
www.overcomersoutreach.org

Pacific Clinics

800 S. Santa Anita Avenue
Arcadia, CA 91006
877-722-2737 Toll Free-Intake
626-254-5000 Administration
626-744-5230 Pasadena Clinic
www.pacificclinics.org

Pomona Open Door

436 W. 4th Street, Suite 220
Pomona, CA 91766
909-621-7742

Samaritan Counseling Center

869 N. Euclid Avenue
Upland, CA 91786
909-985-0513
www.samaritancares.org

San Bernardino Vet Center

1325 N. Cooley Drive, Suite 101
Colton, CA 92324
909-801-5762

www.vetcenter.va.gov

Santa Anita Family Service

Counseling Programs – Covina

716 N. Citrus Avenue
Covina, CA 91723
626-966-1755

www.santaanitafamilyservice.org

Santa Anita Family Service

Counseling Programs – Monrovia

605 S. Myrtle Avenue
Monrovia, CA 91016
626-359-9358
626-358-1185 Senior Services

www.santaanitafamilyservice.org

Santa Anita Family Service

Senior Programs – Azusa

740 N. Dalton Avenue
Azusa, CA 91702
626-812-5179

www.santaanitafamilyservice.org

Santa Anita Family Service

Senior Programs – San Gabriel

206 E. Las Tunas, Suite 12
San Gabriel, CA 91776
800-667-3646
626-308-1414

www.santaanitafamilyservice.org

The Center for Aging Resources

The Heritage Clinic

447 N. El Molino Avenue
Pasadena, CA 91101
626-577-8480

www.centerforagingresources.org

**Tingstad Older Adult Counseling Center
USC**

1002 Childs Way
University Park – MC 1591
Los Angeles, CA 90089-1591
213-740-3493

Tri-City Mental Health Center

2008 N. Garey Avenue
Pomona, CA 91767
909-623-9500

www.tricitymhs.org

Upland Community Counseling Services

934 N. Mountain Avenue, Suite C
Upland, CA 91786
909-458-1350

West End Family Counseling

855. N. Euclid Avenue
Ontario, CA 91762
909-983-2020

Dental Care

American Dental Association

211 E. Chicago Avenue
Chicago, Ill 60611
312-440-2500

www.ada.org

Loma Linda University School of Dentistry

11092 Anderson Street
Loma Linda, CA 92350
909-558-4675
www.llu.edu

Tri-County Dental Society

3993 Jurupa Avenue, Suite 104
Riverside, CA 92506
951-787-9700
www.tcds.org

**University of Southern California – Norris
Dental Science Center Clinics**

925 W. 34th Street
Los Angeles, CA 90089
213-740-2805 / 213-740-2800
www.usc.edu/hsc/dental

**Western University of Health Sciences –
Dental Center**

309 E. Second Street
Pomona, CA 91766
909-623-6116
www.westernu.edu

Education**Azusa Adult School**

1134 S. Barranca Avenue
Glendora, CA 91740
626-852-8400
www.azusaadult.edu

Azusa Pacific University

901 E. Route 66
Azusa, CA 91702
626-969-3434
800-825-5278

www.apu.edu

CA State University – San Bernardino

5500 University Parkway
San Bernardino, CA 92407
909-537-5000
www.csusb.edu

**California State Polytechnic University
Pomona (Cal-Poly Pomona)**

3801 W. Temple Avenue
Pomona, CA 91768
909-869-7659
www.csupomona.edu

Chaffey Adult School

1802 E. 7th Street
Ontario, CA 91764
909-391-5365
www.chaffeyadultschool.org

Chaffey College

5885 Haven Avenue
Rancho Cucamonga, CA 91737
909-652-6000
www.chaffey.edu

Citrus College

1000 W. Foothill Blvd.,
Glendora, CA 91741
626-963-0323
www.citruscollege.edu

Claremont Adult School

170 W. San Jose Avenue, 1st Floor
Claremont, CA 91711
909-624-6402
www.cusd.claremont.edu/cas

Mt. San Antonio College

1100 N. Grand Avenue

Walnut, CA 91789

909-274-7500

www.mtsac.edu

Pomona Unified School District**Adult and Career Education**

1515 W. Mission Blvd.

Pomona, CA 91766

909-469-2333

www.pusd.org

Road Scholar of Southern California

11 Avenue de Lafayette

Boston, MA 02111

800-454-5768

877-426-8056

800-895-0727 Catalog Request

www.roadscholar.org

Tri-Community Adult Education

342 S. Fourth Avenue

Covina, CA 91723

626-974-6801

www.cvusd.k12.ca.us/tri-community

University of La Verne

1950 3rd Street

La Verne, CA 91750

909-593-3511

www.ulv.edu/cbpm/hsm

Emergency Food & Shelter**American Red Cross – National HDQT**

202-303-5214

www.redcross.org

American Red Cross – Inland Empire Chapter

202 W. Rialto Avenue

San Bernardino, CA 92408

909-888-1481

www.redcross.org

Catholic Charities

904 E. California

Ontario, CA 91761

909-391-4882

www.ccsbriv.org

Catholic Charities

248 E. Monterey Avenue

Pomona, CA 91768

909-629-0472

www.ccsbriv.org

Chicana Service Action Center

315 W. 9th Street, Suite 101

Los Angeles, CA 90014

213-629-5800

Community Action Partnership of San Bernardino County

696 S. Tippecanoe Avenue

San Bernardino, CA 92415

909-723-1500

Department of Social Services**Ontario Medical Assistance**

1627 E. Holt Avenue

Ontario, CA 91761

Department of Social Services**Rancho Cucamonga**

10825 Arrow Highway

Rancho Cucamonga, CA 91730

Department of Social Services

San Bernardino

265 E. 4th St.

San Bernardino, CA 92415

877-410-8829

www.c4yourself.com

**East San Gabriel Valley Coalition
For the Homeless**

Emergency Assistance Center

1345 Turnbull Canyon Road

Hacienda Heights, CA 91745

626-333-7204

www.esgvehomeless.org

First Baptist Church Clothes Closet

209 E. Pearl Street

Pomona, CA 91768

909-629-5277

www.pfblive.tv

Foothill Family Shelter

1501 W. 9th Street, Suite D

Upland, CA 91786

909-920-0453

www.foothillfamilyshelter.org

Inland Valley Hope Partners

BETA Food Security – Pomona

209 W. Pearl Street

Pomona, CA 91766

909-622-7278

www.inlandvalleyhopepartners.org

Inland Valley Hope Partners

BETA Food Security – San Dimas

110 E. 3rd Street

San Dimas, CA 91773

909-622-7278

www.inlandvalleyhopepartners.org

Inland Valley Hope Partners

1753 N. Park Avenue

Pomona, CA 91768

909-622-3806

www.inlandvalleyhopepartners.org

Inland Valley Hope Partners

Claremont Food Pantry

Joslyn Center Annex

660 N. Mountain Avenue

Claremont, CA 91711

909-621-2400

www.inlandvalleyhopepartners.org

Inland Valley Hope Partners-SOVA

904 E. California

Ontario, CA 91761

909- 391-4882

www.inlandvalleyhopepartners.org

**Los Angeles County Department
of Public Social Services**

2040 W. Holt Avenue

Pomona, CA 91768

866-613-3777

www.dpss.lacounty.gov/dpss/calfresh/

Love in the Name of Christ

P. O. Box 3505

Covina, CA 91722

626-858-3300

www.loveinc.org

Mercy House

905 E. Holt Avenue

Ontario, CA 91761

909-391-2630

www.mercyhouse.net

Pomona First Baptist Church

586 North Main
Pomona, CA 91768
909-629-5277
www.pfblive.tv

Pomona Neighborhood Center

999 W. Holt Avenue, Suite D
Pomona, CA 91768
909-524-9799

Salvation Army Corp of Ontario

1412 S. Euclid Avenue
Ontario, CA 91762
909-986-6748
www.salvationarmy.org

Salvation Army Corps of Pomona

440 E. La Verne Avenue
Pomona, CA 91767
909-623-1579
www.salvationarmy.org

United Way – Inland Empire

9644 Hermosa Avenue
Rancho Cucamonga, CA 91730
909-980-2857
www.ieuw.org

Walnut Valley Food Bank

382 N. Lemon Avenue
Walnut, CA 91789
909-594-3663

Eye Care**American Academy of Ophthalmology**

P.O. Box 7424
San Francisco, CA 94120-7424
877-887-6327
415-561-8500 Online referral center
www.eyecareamerica.org

Blindness Support Services Inc.

3696 Beatty Drive
Riverside, CA 92506
951-341-8359 (Senior Division)
951-341-9244 (Main Lobby)
www.blindnesssupport.com

Braille Institute

741 N. Vermont Avenue
Los Angeles, CA 90029
323-663-1111 / 800-272-4553
www.brailleinstitute.org

EYE – DAS (Eye Diseases Are Serious)

P.O. Box 1422
Glendora, CA 91740
626-335-3937
www.eye-das.org

Guide Dogs of the Desert International

P.O. Box 1692
Palm Springs, CA 92263
760-329-6257
www.guidedogsofthedesert.org

Learning Ally

1844 W. 11th St, Unit C
Upland, CA 91786
909-949-4136 / 800-221-4792 HDQT in NJ
www.learningally.org

National Eye Care Project

(The Foundation of the American Academy
of Ophthalmology)

P.O. Box 429098

San Francisco, CA 94142

800-222-3937

www.eyecareamerica.org

Western University Eye Care Center

909-706-3899

www.westru.edu

White Cane Center for the Blind

660 N. Mountain Avenue

Claremont, CA 91711

909-624-6188

Financial

Equifax- Credit Reports

P.O. Box 105069

Atlanta, GA 30348

800-525-6285

www.equifax.com

Experian – Credit Reports

888-397-3742

www.experian.com

Trans-Union – Credit Reports

P. O. Box 6790

Fullerton, CA 92634

800-680-7289

www.transunion.com

Health Department

Department of Health

Los Angeles County

Pomona Health Center

750 S. Park Avenue

Pomona, CA 91766

909-868-0235

www.lapublichealth.gov

Department of Health

San Bernardino County

1647 E. Holt

Ontario, CA 91761

909-458-9716

800-722-4777 Appointments only

www.sbcounty.gov

Health Information

After Breast Cancer Diagnosis

(ABCD) Breast Cancer Support Program

135. S. LaSalle Street, Ste.2000

Chicago, IL 60603

800-221-2141

www.y-me.org

Alzheimer's Association

Inland Empire Regional Office

9213 Archibald Avenue

Rancho Cucamonga, CA 91730

909-944-9680

**Alzheimer's Association
Los Angeles Office**
4221 Wilshire Blvd, Suite 400
Los Angeles, CA 90010
323-938-3379
800-272-3900 24 hr Helpline
www.alzla.org/socal

Alzheimer's Association –National Office
225 N. Michigan, 17th Floor
Chicago, IL 60601-7633
312-335-8700
800-272-3900
www.alz.org

**American Academy of Allergy
Asthma & Immunology**
555 E. Wells Street, Ste. 1100
Milwaukee, WI 53202-3823
414-272-6071
www.aaaai.org

**American Academy
of Orthopaedic Surgeons**
6300 N. River Road
Rosemond, IL 60018
847-823-7186
800-824-2663 Info Line
www.aaos.org
www.orthoinfo.org

**American Cancer Society
Inland Empire Unit**
6355 Riverside Avenue
Riverside, CA 92506
951-683-6415 / 800-227-2345
www.cancer.org

**American Cancer Society
National Information Center**
800-227-2345
www.cancer.org

**American Cancer Society
Pasadena Unit**
50 N. Hill Ave., Ste. 200
Pasadena, CA 91106
626-795-7774 /800-227-2345
www.cancer.org

American Diabetes Association
5200 W .Century Blvd., #480
Los Angeles, CA 90045
888-242-2383 /323-966-2890
www.diabetes.org

**American Heart Association
Inland Empire Division**
1700 Iowa Avenue, Suite 240
Riverside, CA 92507
310-424-4160

**American Heart Association-National
Center**
7272 Greenville Avenue
Dallas, TX 75231
800-242-8721
www.americanheart.org

**American Heart Association
Los Angeles County Division**
816 S. Figueroa St
Los Angeles, CA 90017
213-291-7000

American Institute for Cancer Research
1759 "R" St., NW
Washington, D.C. 20009
800-843-8114
www.aicr.org

**American Liver Foundation & Hepatitis
Liver Disease Helpline**
5777 W. Century Blvd., Suite 865
Los Angeles, CA 90045
310-670-4624
800-465-4837 Helpline
www.liverfoundation.org

**American Lung Association
Los Angeles**
3325 Wilshire Blvd.,
Los Angeles, CA
213-384-5864
www.lungusa.org/california

**American Lung Association
San Bernardino**
441 Mac Kay Drive
San Bernardino, CA 92408
909-884-5864
800-586-4872
www.lungusa.org/california

**American Parkinson's Disease Association
National Office**
135 Parkinson Avenue
Staten Island, NY 10205
800-223-2732
www.apdaparkinson.org

**American Parkinson's Disease Association
San Gabriel Valley Chapter**
2525 Fifth Street
La Verne, CA 91750
909-593-0427
www.apdaparkinson.org

Arthritis Foundation
800-283-7800
www.arthritis.org

Arthritis Foundation -Los Angeles Office
800 West 6th St., #1250
Los Angeles, CA 90017
323-954-5750 / 800-954-2873

Arthritis Foundation – Orange County
P.O. Box 53490
Irvine, CA 92618
949-585-0201

**California Poison Control System
UCSD Medical Center**
200 W. Arbor Drive
San Diego, CA 92103-8925
800-222-1222
www.calpoison.org

CDC Information
800-232-4636
www.healthcare.gov

Christopher & Dana Reeve Foundation
636 Morris Turnpike
Shorthills, NJ 07078
800-225-0292
www.christopherreeve.org

Easter Seals Incorporated

233 S. Wacker Drive, Suite 2400
Chicago, IL 60606
800-221-6827 / 312-726-6200

www.easterseals.org

Foothill AIDS Project

233 W. Harrison Avenue
Claremont, CA 91711
909-482-2066 / 800-448-0858

www.fapinfo.org

International Sleep Products Association

501 Wythe Street
Alexandria, VA 22314
703-683-8371

www.bettersleep.org

Los Angeles County**Health Services Information**

241 N. Figueroa Street
Los Angeles, CA 90012
800-427-8700 / 213-240-8204

www.ladhs.org

www.publichealth.lacounty.gov

Lupus Foundation of America**California Office**

400 Corporate Pointe, Suite 300
Culver City, CA 90230
786-369-5978
800-682-7990

www.lupuscalifornia.org

MEDEXPERT International

1300 Hancock Street
Redwood City, CA 94063
650-326-6000

www.medexpert.com

**Mental Health America of
Los Angeles (The Village)**

100 W. Broadway, Suite 5010
Long Beach, CA 90802-2310
888-242-2522 Executive Office

www.mhavillage.org

www.mhala.org

Muscular Dystrophy Association

www.mdaua.org

National Cancer Institute**Information Services**

800-422-6237 Hotline

www.aicr.gov

**National Coalition for Infectious Disease
and Adult Immunizations**

4733 Bethesda Avenue, Suite 750
Bethesda, MD 20814
301-656-0003

www.nfid.org

National Headache Foundation

820 N. Orleans, Suite 411
Chicago, IL 60610
888-643-5552

www.headaces.org

National Health Information Center

800-336-4797

www.health.gov/NHIC

www.healthfinder.gov

**National Heart, Lung and Blood
Institute Information Center**

P.O. Box 30105
Bethesda, MD 20824-0105
301-592-8573

www.nhlbi.nih.gov

National Institute of Neurological Disorders and Stroke

31 Center Drive
Bethesda, MD 20824
800-352-9424 Call Center
www.ninds.nih.gov

National Kidney & Urologic Diseases Information

3 Information Way
Bethesda, MD 20892
800-891-5390
www.niddk.nih.gov

National Multiple Sclerosis Society

2440 S. Sepulveda Blvd., Suite 115
Los Angeles, CA 90064
800-344-4867 Press 1 for local area
310-479-4456 Los Angeles
www.nationalmssociety.org/ca

National Osteoporosis Foundation

1150 17th Street, N.W., #850
Washington, D. C. 20036
800-231-4222 Info Packet
202-223-2226
www.nof.org

National Parkinson Foundation, Inc.

1501 N. W. 9th Avenue
Miami, FL 33036-1494
800-327-4545
www.parkinson.org

National Rehabilitation Information Center

8400 Corporate Drive, Suite 500
Landover, MD 20785
800-346-2742
www.naric.com

National Spinal Cord Injury Association

75-20 Astoria Blvd.,
Jackson Heights, NY 11370
800-962-9629
www.spinalcord.org

National Stroke Association

9707 E. Easter Lane
Centennial, CO 80112
800-787-6537
www.stroke.org

Paralyzed Veterans of America

801 18th Street N.W.
Washington, D.C. 20006
800-555-9140 Donor Services
800-424-8200
www.pva.org

R.A. Bloch Cancer Foundation Hotline

One H&R Block Way
Kansas City, MO 64105
800-433-0464
www.blochcancer.org

Scleroderma Foundation

10319 Jefferson Blvd.,
Culver City, CA 90232
877-443-5755
www.scleroderma.org/chapter/southernca

The Cancer Care Counseling Line

275 Seventh Ave., 22nd Floor
New York, NY 10001
800-813-4673/212-712-8400 Main Number
www.cancercare.org

**The Robert & Beverly Lewis Family
Cancer Care Center**

1910 Royalty Dr.
Pomona, CA 91767
909-469-9472
www.pvhmccancercare.com

USDA Meat & Poultry Hotline

800-535-4555
www.fsis.usda.gov

Hearing Resources

Center on Deafness Inland Empire (CODIE)

3576 Arlington Avenue, Suite 211
Riverside, CA 92506
951-272-5000
www.codie.org

**Greater Los Angeles Council on
Deafness, Inc. (GLAD)**

2222 Laverna Avenue
Los Angeles, CA 90041
323-478-8000 / 323-540-4226 TTY
www.gladinc.org

**National Institute on Deafness &
Other Communication Disorders**

1 Communication Avenue
Bethesda, MA 20892-3456
800-241-1044
www.nidcd.nih.gov

Home Repair/Maintenance

**County of San Bernardino
Redevelopment Agency**

385 N. Arrowhead Avenue, 2nd Floor
San Bernardino, CA 92415
909-388-0800
www.sbcountyadvantage.com

**Foothill Communities RSVP
Handy Helpers Program**

141 Spring Street
Claremont, CA 91711
909-625-4600

L.A. Works Work Source

5200 Irwindale Avenue, Suite 210
Irwindale, CA 91706
626-960-3964 LA County mostly
www.laworks.com

**Neighborhood Partnership Housing
Services, Inc.**

320 W. "G" Street, Suite 103
Ontario, CA 91762
800-761-6747
909-988-5979
www.nphousingservices.org

Hospice/Palliative Care

VNA Hospice and Palliative Care of
Southern California
150 W. First Street, #270
Claremont, CA 91711
800-969-4862
www.vnasocal.org

Housing Resources

AARP Office

601 East Street, N.W.,
Washington, D.C. 20049
866-448-3615
888-687-2277
www.aarp.org

Eldercare Locator

1730 Rhode Island Avenue, N.W.,
Suite 1200
Washington, D.C. 20036
800-677-1116
www.eldercare.gov

Elderlink

P. O. Box 5202
Santa Monica, CA 90409
800-613-5772
www.elderlink.org

Fair Housing Council of Riverside

3933 Mission Inn Avenue
Riverside, CA 92501
800-655-1812
951-682-6581
www.fairhousing.net

Housing Authority of the County of San Bernardino

715 East Brier Drive
San Bernardino, CA 92408
909-890-0644
711 TTY Users
www.hacsb.com

Inland Fair Housing and Mediation Board

Main Office

10681 Foothill Blvd., Suite 101
Rancho Cucamonga, CA 91730
909-984-2254
800-321-0911
www.ifhmb.com

Inland Fair Housing and Mediation Board

San Bernardino Office

560 N. Arrowhead Avenue, Suite 7A
San Bernardino, CA 92401
909-888-3763
800-321-0911
www.ifhmb.com

Riverside County Housing Authority

5555 Arlington Avenue
Riverside, CA 92504
951-351-0700
800-655-4228
800-300-0439 Hotline/Fraud 24 Hrs.
www.harivco.org

U.S. Department of Housing and Urban Development (HUD)

213-894-8110
www.hud.gov

U.S. Elder Care Referral Agency, Inc.

1525 Mesa Verde East Drive, Suite 207
Costa Mesa, CA 92626
800-848-1008
www.askeldercare.com

Legal Resources

California Department of Consumer Affairs

800-952-5210

www.dca.ca.gov

California Department of Fair Employment and Housing

1055 W. 7th Street, Suite 1400

Los Angeles, CA 90017

213-439-6799

800-884-1684

800-700-2320 Hearing Impaired

www.dfeh.ca.gov

Department of Consumer Affairs

Los Angeles County

500 W. Temple Street, Room B-96

Los Angeles, CA 90012-2722

800-593-8222 Los Angeles County only

213-974-1452 Outside LA County

www.dca.lacounty.gov

Disability Rights California

Los Angeles Regional

350 S. Bixel Street, Suite 200

Los Angeles, CA 90017

213-427-8747

800-776-5746

www.disabilityrightsca.org

Fair Housing Council of Riverside

3933 Mission Inn Avenue

Riverside, CA 92501

800-655-1812

www.fairhousing.net

Housing Rights Center – Main Office

3255 Wilshire Blvd., Suite 1150

Los Angeles, CA 90010

800-477-5977

213-387-8400

www.housingrightscenter.org

Housing Rights Center

Pasadena Office

1020 N. Fair Oaks Avenue, Suite 104

Pasadena, CA 91103

626-791-0211

www.housingrightscenter.org

Inland Counties Legal Services

10565 Civic Center Drive, Suite 200

Rancho Cucamonga, CA 91730

909-980-0982

800-977-4257

909-476-9252 Hotline

www.inlandlegal.org

Inland Fair Housing and Mediation Board

Main Office

1500 S. Haven Avenue, Suite 100

Rancho Cucamonga, CA 91761

909-984-2254

800-321-0911

www.ifhmb.com

Inland Fair Housing and Mediation Board

San Bernardino Office

560 N. Arrowhead Avenue, Suite 7A

San Bernardino, CA 92401

909-888-3763

800-321-0911

www.ifhmb.com

L.A. County Neighborhood Legal Services

1104 E. Chevy Chase Drive
Glendale, CA 91205
800-433-6251

www.nls-la.org

Legal Aid Foundation of Los Angeles

1102 S. Crenshaw Blvd.,
Los Angeles, CA 90019
323-801-7914
800-399-4529

www.lafla.org

San Gabriel Valley Lawyer Referral Services

1175 E. Garvey Avenue, Suite 105
Covina, CA 91724-3618
909-599-3847
877-487-3337

www.sgvlawyer.org

State Bar of California

1149 S. Hill Street
Los Angeles, CA 90015-2299
800-843-9053

www.calbar.ca.gov

Victim Witness Assistance**Los Angeles County**

400 Civic Center Plaza, Room 201
Pomona, CA 91767
800-380-3811
909-620-3381

www.vcgcb.ca.gov

Victim Witness Assistance**San Bernardino County**

8303 Haven Avenue
Rancho Cucamonga, CA 91730
909-387-6540

www.vcgcb.ca.gov

Wise and Healthy Aging**Long-Term Care Ombudsman Program**

2555 E. Colorado Blvd.,
Pasadena, CA 91107
626-793-3510

www.wiseandhealthyaging.org

Libraries**Azusa City Library**

729 N. Dalton Avenue
Azusa, CA 91702
626-812-5232

www.ci.azusa.ca.us/library

Chino Branch Library

13180 Central Avenue
Chino, CA 91710
909-465-5280

www.sbcounty.gov/library

Chino Hills Branch Library

14020 City Center Drive
Chino Hills, CA 91709
909-590-5380

www.chlibrary.com

Claremont Public Library

208 N. Harvard Avenue
Claremont, CA 91711
909-621-4902

www.colapublib.org/libs/claremont

Covina Public Library

234 North Second Avenue
Covina, CA 91723
626-384-5300

www.covina.ca.gov

Diamond Bar Public Library

21800 Copley Drive
Diamond Bar, CA 91765
909-861-4978

www.colapublib.org/libs/diamondbar

Glendora Public Library

140 S. Glendora Avenue
Glendora, CA 91741
626-852-4891

www.ci.glendora.ca.us/library

La Verne Public Library

3640 "D" Street
La Verne, CA 91750
909-596-1934

www.colapublib.org/libs/laverne

Montclair Public Library

9955 Fremont Avenue
Montclair, CA 91763
909-624-4671

www.sbcounty.gov/library

Ontario Colony High Branch Library

3850 East Riverside Drive
Ontario, CA 91761
909-365-2014

www.ci.ontario.ca.us/library

Ontario Ovitt Family Community Library

215 E. "C" Street
Ontario, CA 91764
909-395-2004

www.ci.ontario.ca.us/library

Pomona Public Library

625 S. Garey Avenue
P. O. Box 2271
Pomona, CA 92769
909-620-2043

www1.youseemore.com/pomona

Rancho Cucamonga Archibald Library

7368 Archibald Avenue
Rancho Cucamonga, CA 91730
909-477-2720

www.rcpl.lib.ca.us

Rancho Cucamonga**Paul A. Biane Public Library**

1205 Cultural Center Drive
Rancho Cucamonga, CA 91739
909-477-2720

www.rcpl.lib.ca.us

San Dimas Public Library

145 N. Walnut Avenue
San Dimas, CA 91773
909-599-6738

www.colapublib.org/libs/sandimas

Upland Public Library

450 N. Euclid Avenue
Upland, CA 91786
909-595-0757

www.uplandpl.lib.ca.us

Walnut Public Library

21155 La Puente Road
Walnut, CA 91789
909-595-0757

www.colapublib.org/libs/walnut

West Covina Public Library

1601 West Covina Parkway

West Covina, CA 91790

626-962-3541

www.colapublib.org/libs/wcovina

Medical Insurance**Health Insurance Counseling and Advocacy Program (HICAP)**

800-824-0780 LA County

951-241-8723 Riverside & San Bernardino Counties

www.cahealthadvocates.org/HICAP

Inter Valley Health Plan (IVHP)

300 S. Park Avenue

Pomona, CA 91769

800-251-8191

800-505-7150 TTY/TDD

www.ivhp.com

Medical Services**American Cancer Society****Inland Empire Office**

1240 Palmyrita Avenue, Suite A

Riverside, CA 92507

951-300-1223

www.cancer.org

American Cancer Society**National Information Center**

800-227-2345

www.cancer.org

American Cancer Society**Pasadena Unit**

50 N. Hill Avenue, Suite 200

Pasadena, CA 91106

626-795-7774

www.cancer.org

American Red Cross Lifeline Systems

800-959-6989

www.lifelines.com

Azusa Health Center

150 N. Azusa Avenue

Azusa, CA 91702

626-969-7885

California Telephone Access Program

P. O. Box 30310

Stockton, CA 95213

800-806-1191

800-949-5650 Spanish

800-806-4474 TTY

Ddtp.cpuc.ca.gov

California Telephone Access Program**Riverside Office**

6370 Magnolia Blvd., #310

Riverside, CA 92506

800-806-1191

Convalescent Aid Society

3255 E. Foothill Blvd.,

Pasadena, CA 91107

626-793-1696

www.cas1.org

**Department of Public Health
San Bernardino County**
1647 E. Holt Blvd.,
Ontario, CA 91761
800-722-4777

**Inland Volunteer Hospice and Community
Assistance Program**
233 W. Harrison Avenue
Claremont, CA 91711
909-399-3289
www.inlandhospice.org

**Los Angeles County Department of Public
Health Information Line**
241 N. Figueroa Street
Los Angeles, CA 90012
800-427-8700
www.ladhs.org
www.publichealth.lacounty.gov

**Los Angeles County University of Southern
California Medical Center**
2051 Marengo Street
Los Angeles, CA 90033
323-226-2622
www.lacusc.org

Medic-Alert Foundation
2323 Colorado Avenue
Turlock, CA 95382
888-572-8566
800-432-5378
www.medicalert.org

**Medic-Alert Foundation-
Alzheimer's Association**
Safe Return Program
2323 Colorado Avenue
Turlock, CA 95382
800-432-5378
www.medicalert.org

**Pomona Clinic (PCC)
West Covina**
420 S. Glendora Avenue
West Covina, CA
626-929-4333

**Pomona Clinic Coalition (PCC)
Clinica Medica San Miguel**
825 N. Park Avenue
Pomona, CA 91768
909-622-9988
800-322-2222
www.sanmiguel.clinicamedica.org

**Pomona Clinic Coalition (PCC)
Community Health Center**
750 S. Park Avenue, Room 101
Pomona, CA 91766
909-622-6516

**Pomona Clinic Coalition (PCC)
East Valley Community Health Center**
680 Fairplex Drive
Pomona, CA 91768
909-620-8088
www.evchc.org

**Pomona Clinic Coalition (PCC)
Western University Medical Center**

887 E. 2nd Street
Pomona, CA 91766
909-865-2565
www.westernupcc.com

Pomona Valley Health Center at Claremont

1601 N. Monte Vista Avenue
Claremont, CA 91711
909-865-9977
www.pvhmc.org

**Pomona Valley Health Center at the
Crossroads**

3110 Chino Avenue, Suite #150
Chino Hills, CA 91709
909-630-7868
www.pvhmc.org

Pomona Valley Hospital Medical Center

1798 N. Garey Avenue
Pomona, CA 91767
909-865-9500
www.pvhmc.org

**The Robert and Beverly Lewis Family
Cancer Care Center**

1910 Royalty Drive
Pomona, CA 91767
909-865-9555
www.pvhmccancercare.org

VA Loma Linda Health Care System

11201 Benton Street
Loma Linda, CA 92357
909-825-7084
800-741-8387
888-827-4833 TDD
www.lomalinda.va.gov

Mental Health

**Mental Health America in
L. A. County**

100 W. Broadway, Suite 5010
Los Angeles, CA 90802
562-285-1330
888-242-2522
www.mhala.org

National Alliance for Mentally Ill (NAMI)

800-950-NAMI (6264) Information Hotline
www.nami.org

**National Alliance for Mentally Ill (NAMI)
Chino Valley**

3045 S. Archibald Avenue, Ste. H, PMB287
Ontario, CA 91761
www.namicalifornia.org

National Alliance for Mentally Ill (NAMI)

Pomona Valley – Claremont
909-399-0305
www.namipomonavalley.org

National Alliance for Mentally Ill (NAMI)

San Gabriel Valley
626-577-6697
[Http://sgv.nami.org](http://sgv.nami.org)

National Suicide Hotlines

800-784-2433
800-273-8255
800-799-4889 TTY
<http://suicidehotlines.com>

Recreation

Chino's Old School House Museum

5493 "B" Street
Chino, CA 91710
909-627-6464

Claremont Farmers and Artisans Market

Indian Hill and 2nd Street
Claremont, CA 91711
714-345-3087 / 909-949-1842 Info
<http://www.thevillageclaremont.com/marketaut.html>

Fairplex of Pomona

1101 W. McKinley Avenue
Pomona, CA 91768
909-623-3111
www.fairplex.com

Getty Museum

1200 Getty Center Drive
Los Angeles, CA 90049
310-440-7300
www.getty.edu

Graber Olive House

315 E. 4th Street
Ontario, CA 91764
909-983-1761 / 800-996-5483
www.graberolives.com

Grove Theater

276 E. 9th Street
Upland, CA 91786
909-920-4343
www.grovetheatre.com

Guasti Regional Park

800 N. Archibald Avenue
Ontario, CA 91764
909-481-4205
www.county-parks.com

Huntington Library and Botanical Garden

1151 Oxford Road
San Marino, CA 91108
626-405-2100
www.huntington.org

Lewis Family Playhouse

12505 Cultural Center Drive
Rancho Cucamonga, CA 91739
909-47-2752
www.lewisfamilyplayhouse.com

Long Beach Aquarium of the Pacific

100 Aquarium Way
Long Beach, CA 90802
562-590-3100
www.aquariumofpacific.org

Los Angeles County Arboretum

301 N. Baldwin Avenue
Arcadia, CA 91007
626-821-3222
www.arboretum.org

Los Angeles County Museum of Art

5905 Wilshire Blvd.
Los Angeles, CA 90036
323-857-6000
www.lacma.org

Los Angeles Zoo & Botanical Gardens

5333 Zoo Drive
Los Angeles, CA 90027
323-644-4200
www.lazoo.org

Museum of History and Art

225 S. Euclid Avenue
Ontario, CA 91762
909-395-2510
www.ci.ontario.ca.us

Norton Simon Museum of Art

411 W. Colorado Blvd.
Pasadena, CA 91105
626-449-6840
www.nortonsimon.org

Palomares Adobe

491 E. Arrow Hwy.
Pomona, CA 91767
909-620-0264
www.pomonahistorical.org

Petersen Automotive Museum

6060 Wilshire Blvd.
Los Angeles, CA 90036
323-930-2277
www.petersen.org

Planes of Fame Air Museum

7000 Merrill Avenue #17
Chino, CA 91710
909-597-3722
www.planesofame.org

Pomona Valley Art Association

300-A S. Thomas Street
Pomona, CA 91766
909-469-1599
www.pvaa.net

Prado Regional Park

16700 S. Euclid Avenue
Chino, CA 91708
909-597-4260
www.county-parks.com

Quakes Minor League Baseball

8408 Rochester Avenue
Rancho Cucamonga, CA 91730
909-481-5000
www.rcquakes.com

Queen Mary

1126 Queens Hwy.
Long Beach, CA 90802
877-342-0738
www.queenmary.com

Rancho Santa Ana Botanic Garden

1500 N. College Avenue
Claremont, CA 91711
909-625-8767
www.rsabg.org

Raymond M. Alf Museum

1175 W. Baseline Road
Claremont, CA 91711
909-624-2798
www.alfmuseum.org

Richard Nixon Library & Birthplace

18001 Yorba Linda Blvd.
Yorba Linda, CA 92886
714-993-5075

www.nixonfoundation.org

Ronald Reagan Presidential Library and Museum

40 Presidential Drive
Simi Valley, CA 93065
800-410-8354

www.reaganfoundation.org

San Bernardino Asistencia Mission

2690 Barton Road
Redlands, CA 92373
909-793-5402

www.sbcountymuseum.org

San Bernardino County Museum

2024 Orange Tree Lane
Redlands, CA 92374
909-307-2669

www.sbcountymuseum.org

San Bernardino National Forest

909-382-2600
909-382-2758 – Arrowhead
909-866-3437 - Big Bear Discovery Center
760-389-2303 – Silverwood Lake Park

www.nationalforestassociation.org

San Dimas Community Regional Park and Nature Center

1628 N. Sycamore Canyon Road
San Dimas, CA 91773
909-599-7512

www.sandimascanyonnaturecenter.com

San Gabriel Mission

428 S. Mission Drive
San Gabriel, CA 91776
626-457-3035

www.sangabrielmission.com

Upland Farmers Market

Downtown Upland

W. K. Kellogg Arabian Horse Center

381 W. Temple Avenue
Pomona, CA 91768
909-869-4988

www.csupomona.edu

Yorba-Slaughter Adobe Museum

17127 Pomona-Rincon Road
Chino, CA 91710
909-597-8332

Respite**The Enrichment Center****Adult Day Program**

763 W. Harrison Avenue
Claremont, CA 91711
909-621-9900

www.communityseniorservices.org

Senior Centers**Blaisdell Center**

440 S. College Avenue
Claremont, CA 91711
909-399-5367

www.ci.claremont.ca.us

Chino Senior Center

13170 Central Avenue

Chino, CA 91710

909-591-9836

www.cityofchino.org

George H. Gibson Senior Center

250 N. 3rd Avenue

Upland, CA 91786

909-981-4501

www.ci.upland.ca.us

James L. Brulte Senior Center

11200 Baseline Road

Rancho Cucamonga, CA 91701

909-477-2780 / 909-477-2872

www.rcpark.com

Joslyn Center

660 N. Mountain Avenue

Claremont, CA 91711

909-399-5488

www.ciclaremont.ca.us

Joslyn Senior Center

815 N. Barranca Avenue

Covina, CA 91723

626-384-5380

www.cicovina.ca.us

La Fetra Center

333 E. Foothill Blvd.

Glendora, CA 91741

626-914-0560

www.ci.glendora.ca.us

La Verne Community Center

3680 "D" Street

La Verne, CA 91750

909-596-8776 / 909-596-8778 Lunch-Dinner

www.ci.la-verne.ca.us

Montclair Senior Citizen Center

5111 Benito Street

Montclair, CA 91763

909-625-9483

www.ci.montclair.ca.us

Ontario Senior Center

225 E "B" Street

Ontario, CA 91764

909-395-2021

www.ci.ontario.ca.us

Pomona Senior Center – Washington Park

865 E. Grand Avenue

Pomona, CA 91766

909-620-2305

www.ci.pomona.ca.us

Pomona Senior Center – Palomares Park

499 E. Arrow Hwy.

Pomona, CA 91767

909-620-2324 / 909-626-7162

www.ci.pomona.ca.us

San Dimas Senior Center

201 E. Bonita Avenue

San Dimas, CA 91773

909-394-6290

www.cityofsandimas.com

The Diamond Bar Center

1600 S. Grand Avenue
Diamond Bar, CA 91765
909-839-7070

www.ci.diamondbar.ca.us

Walnut Senior Center

21215 La Puente Road
Walnut, CA 91789
909-598-6200

www.ci.walnut.ca.us

West Covina Senior Citizen Center

2501 E. Cortez
West Covina, CA 91791
626-331-5366

www.westcovina.org

Senior Nutrition**Blaisdell Center**

440 S. College Avenue
Claremont, CA 91711
909-399-5367

Caring for the Hills – Chino Hills

909-597-1454

Chino Senior Center

13170 Central Avenue
Chino, CA 91710
909-591-9836

Emerson Village

755 N. Palomares
Pomona, CA 91767
909-623-1421

George H. Gibson Senior Center

250 N. 3rd Avenue
Upland, CA 91786
909-981-4501

James L. Brulte Senior Center

11200 Baseline Road
Rancho Cucamonga, CA 91701
909-477-2780

Joslyn Center

660 N. Mountain Avenue
Claremont, CA 91711
909-399-5488

Joslyn Senior Center

815 N. Barranca Avenue
Covina, CA 91723
626-384-5380

La Fetra Center

333 E. Foothill Blvd.
Glendora, CA 91741
626-914-0560

La Verne Community Center

3680 "D" Street
La Verne, CA 91750
909-596-8778

Meals at Home

Family Service Association – Chino
909-287-7946

Meals at Home

Family Service Association – Ontario
909-395-2021

Meals at Home

Family Service Association – Rancho Cucamonga
909-477-2780

Meals at Home

Family Service Association – Upland
909-981-4501

Meals on Wheels (National)

888-998-6325
www.mowaa.org

Meals on Wheels – Azusa

740 N. Dalton
Azusa, CA
626-812-5204

Meals on Wheels - Claremont and East Pomona

845 E. Bonita
Pomona, CA
909-621-4018

Meals on Wheels – La Verne/San Dimas

P. O. Box 7821
La Verne, CA 91750
909-596-1828

Meals on Wheels – Montclair

909-986-5522

Meals on Wheels – Pomona

909-623-0100

Montclair Senior Citizen Center

5111 Benito Street
Montclair, CA 91763
909-625-9483 / 909-625-9488

Oldtimers Foundation

James L. Brulte Senior Center
11200 Baseline Road
Rancho Cucamonga, CA 91701
909-477-2780 Order Home delivered meals
Rancho Cucamonga, Ontario & Chino

Ontario Senior Center

225 E “B” Street
Ontario, CA 91764
909-395-2021

Pomona Senior Center – Palomares Park

499 E. Arrow Hwy.
Pomona, CA 91767
909-620-2324

Pomona Senior Center – Washington Park

865 E. Grand Avenue
Pomona, CA 91766
909-620-2305

San Dimas Senior Center

201 E. Bonita Avenue
San Dimas, CA 91773
909-394-6290

Walnut Senior Center

21215 La Puente Road
Walnut, CA 91789
909-598-6200

West Covina Senior Citizen Center

2501 E. Cortez
West Covina, CA 91791
626-331-5366 / 626-339-6057 Voicemail

YWCA

Meals on Wheels – San Gabriel Valley
626-960-2995

YWCA San Gabriel Valley Intervale Senior Services

943 N. Grand Avenue
Covina, CA 91724
626-960-2995
www.ywcagv.org

Support Groups

After Stroke Caregiver Support Group – Glendora - La Fetra Senior Center

333 E. Foothill Blvd.
Glendora, CA 91741
626-914-0560 / 626-963-6186 /
626-335-3111
www.afterstroke@gmail.com
www.afterstokers.org

After Stroke Programs - Pomona Pomona Senior Center Palomares Park

499 E. Arrow Hwy
Pomona, CA 91767
909-620-2324

Alzheimer's & Dementia Support Group

120 West San Jose Avenue
Claremont, CA 91711
909-477-5259

Amputee Connection

951-735-7963 – Norco
951-858-6274 – Corona
www.theamputeeconnection.org

Breathing Buddies

Claremont Joslyn Center
660 N. Mountain Avenue
Claremont, CA 91711
909-399-5488

Caregiver Support Group

660 N. Mountain Avenue
Claremont, CA 91711
909-621-9900
909-399-5488 – Joslyn Center

Children of Aging Parents

P. O. Box 167
Richboro, PA 18954
800-227-7294
www.caps4caregivers.org

Chino Senior Center

13170 Central Avenue
Chino, CA 91710
909-591-9836

Dayle McIntosh Center

13272 Garden Grove Blvd.
Garden Grove, CA 92843
714-621-3300
www.daylemc.org

Foothill AIDS Project

233 W, Harrison Avenue
Claremont, CA 91711
909-482-2066
www.fapinfo.org

Grandparents Caring for Grandchildren Support Group

660 N. Mountain Avenue
Claremont, CA 91711
909-399-5488

Inland Caregiver Resource Center

1430 E. Cooley Drive #124
Colton, CA 92324
909-514-1404 / 800-675-6694
www.inlandcaregivers.com

L.A. Caregiver Resource Center

3120 N. Clybourne Avenue
Burbank, CA 91505
800-540-4442

www.losangelescrc.org

L.A. Caregiver Resource Center

732 Mott Street, Suite 150
San Fernando, CA 91340
818-847-9141

www.losangelescrc.org

La Fetra Center

333 E. Foothill Blvd.
Glendora, CA 91741
626-914-0560

Parkinson's Support Group**Claremont Joslyn Senior Center**

660 N. Mountain Avenue
Claremont, CA 91711
909-399-5488

Self Help & Recovery Exchange (SHARE)

6666 Green Valley Circle
Culver City, CA 90230
310-846-5270

www.shareselfhelp.org

Senior Discussion Group

660 N. Mountain Avenue
Claremont, CA 91711
909-399-5488

**The Robert and Beverly Lewis Family
Cancer Care Center**

1910 Royalty Way
Pomona, CA 91767
909-865-9555

www.pvhmccancercare.com

Upland Community Counseling Services

934 N. Mountain Avenue, Suite C
Upland, CA 91786
909-579-8100

Vital Options Telesupport Cancer Network

4419 Coldwater Canyon, Suite 1
Studio City, CA 91604
818-508-5657

www.vitaloptions.org

**VNA Hospice & Palliative Care of Southern
California**

150 W. 1st Street, Suite 270
Claremont, CA 91711
909-624-3574

www.vnasocal.org

Well Spouse Association

63 W. Main Street, Suite H
Freehold, NJ 07728
800-838-0879

www.wellspouse.org

West Covina Senior Citizen Center

2501 E. Cortez
West Covina, CA 91791
626-331-5366

Thrift Stores**2nd Chance Variety & Thrift**

2245 N. Garey Avenue
Pomona, CA 91767
909-392-7033

Disabled American Thrift Store

1190 S. Garey Avenue
Pomona, CA 91766
909-622-8387

**Discovery Shop of The
American Cancer Society**

1236 W. Foothill Blvd
Upland, CA 91786
909-981-7466

www.discoveryshop-upland.org

Economy Shop

325 W. 1st St
Claremont, CA 91711
909-626-7334

Goodwill Industries – Pomona

210 E. Foothill Blvd
Pomona, CA 91766
909-596-3700

www.goodwill.org

Goodwill Industries – Upland

1240 W. 7th Street
Upland, CA 91786
909-982-9017

www.goodwill.org

Great Deals

5407 Holt Blvd.
Montclair, CA 91763
909-988-8086

Habitat for Humanity Restore

4609 Holt Blvd
Montclair, CA 91763
909-399-0202

www.habitat.org

Lutheran High Thrift Shop

2125 Bonita Avenue
La Verne, CA 91750
909-596-3636

Pilgrim Place

625 Mayflower Rd
Claremont, CA 91711
909-399-5500

Quality Thrift Store

4433 Holt Blvd
Montclair, CA 91763
909-621-1102

www.qualitythriftstore.com

Transportation**Access Service Inc. LA County
(Elderly & Disabled)**

P.O. Box 5728
El Monte, CA 91734
800-833-1295 & 800-826-7280
(TDD for Certified Riders)
800-827-0829 & 800-827-1359
(TDD for Not Certified Riders)

www.asila.org

Access Transportation Inc. – East Valley

234 South "I" St.
San Bernardino, CA 92406
909-383-1680 for ride
909-379-3100 ADA Card

www.omnitrans.org

Access Transportation Inc. –West Valley

9421 Seron Blvd
Rancho Cucamonga, CA 91730
800-990-2404 for ride
909-948-3478 /909-383-1689 TDD

www.omnitrans.org

American Cancer Society

Inland Empire Unit

6355 Riverside Avenue
Riverside, CA 92506
800-227-2345

www.cancer.org

American Medical Response

Los Angeles County

1055 West Avenue, Ste. J
Lancaster, CA 93534
661-945-9310 Main Line
877-808-2100 Dispatch

www.amr.net

American Medical Response

San Bernardino County

7925 Center Avenue
Rancho Cucamonga, CA 91730
800-474-1777 Dispatch
909-477-500 Main Line

www.amr.net

Angel Flight

3161 Donald Douglas Loop South
Santa Monica, CA 90405
310-390-2958 /888-426-2643
800-413-136 After hours

www.angelflightwet.org

Chino S.M.A.R.T. Transportation

13170 Central Avenue
Chino, CA 91710
909-591-9836

Community Connections Transportation

Reimbursement Program
141 Spring Street
Claremont, CA 91711
909-621-9900

www.communityconnections-css.org

Department of Motor Vehicles- Pomona

1600 S. Gary Avenue
Pomona, CA 91766
800-777-0133

Department of Motor Vehicles -

Rancho Cucamonga

8678 Archibald Avenue
Rancho Cucamonga, CA 91730
800-777-0133

Dial-A-Cab – San Dimas

909-596-7664 Information
909-622-4435 to schedule a ride
909-784-3658 TDD

Dial-A-Ride - Claremont

909-596-7664 /909-623-0183 Info
909-868-0611 to schedule a ride
909-784-3658 TDD

Dial-A-Ride – Covina

1400 E. Mission Blvd
Pomona, CA 91766
877-858-5556

www.ci.covina.ca.us

Dial-A-Ride- Walnut

909-595-7543 Info/Application

909-594-1284 Reservations

Dial-A-Ride- West Covina

825 S. Sunset

West Covina, CA

800-425-5777

Diamond Dial-A-Ride

1400 E. Mission Blvd.

Pomona, CA 91766

800-578-6555 Diamond Bar area only

Foothill Transit

800-743-3463

www.foothilltransit.org

Foothill Transit Store – Claremont

200 W. 1st Street

Claremont, CA 91711

909-482-1180

Foothill Transit Store –Pomona

100 W. Commercial St.

Pomona, CA

909-620-1711

Foothill Transit Store- West Covina

100 S. Vincent

West Covina, CA 91791

626-967-3147

Get About Transportation

141 Spring Street

Claremont, CA 91711

909-623-9900 to Register

909-596-5964 to make reservation

www.pvtrans.org

Metrolink

800-371-5465

www.metrolinktrains.com

Montclair Golden Express

5111 Benito Street

Montclair, CA 91763

909-625-9452 / 909-625-9479

www.cityofMontclair.org

Omitrans – San Bernardino

1700 W. 5th Street

San Bernardino, CA 92411

909-379-7100 Office

800-966-6428 Bus Route info

900-990-2405 TDD all locations

Pomona Group Service

2120 Foothill Blvd. Suite 116

La Verne, CA 91750

909-596-7664 Info/Reservation

Silver Fox Express**City of Rancho Cucamonga**

11200 Baseline Rd

Rancho Cucamonga, CA 91730

909-987-0777 Main Line / 909-333-6652

www.rcpark.com

Utilities**Southern California Edison**

800-655-4555

800-950-2356 Income qualified programs

www.sce.com

UTILITIES (continued)

The Gas Company

P.O. Box 3150
San Dimas, CA 91773
800-427-2200
www.socalgas.com

Verizon

800-837-4966/ 800-974-6006
www.verizon.com

Volunteer Program

Foothill Communities RSVP

141 Spring Street
Claremont, CA 91711
909-621-9900
www.communityseniorservices.org

Senior Companion Program

141 Spring Street
Claremont, CA 91711
909-621-9900
www.communityseniorservices.org