


Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Meet and Greet 10:20 Daily Chronicle 10:45 Monday Music (JA) 11:45 Prepare lunch 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat 1	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:00 Art Project of the month 3:45 Trivia 2	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Art Project of the month 11:15 <u>Bus to San Dimas</u> 12:00 Lunch in San Dimas 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Penny Ante 3	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Detective Drawer and other brain games 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be Fit 3:00 Continue art project 3:45 Board Games 4	10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 <u>Visit Mt. San Antonio Garden</u> 12:00 Lunch at the Garden Joint Activities 3:00 Back to Larkin 3:30 Music to relax 5
Note: LATE START 10:45 Meet and Greet 11:00 SingFit 11:45 Prepare Lunch 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 Memory Magic 4:00 Music Fest <u>Pick up at Pitzer Lodge at 4:45</u> 8	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Trivia, Brain games 3:45 Board game 9	10:00 Meet and Greet 10:45 <u>Visit the Petterson Museum at Pilgrims</u> 11:15 <u>Bus to San Dimas</u> 12:00 Lunch in San Dimas 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream social 3:30 Shake loose the memory 10	11 The Enrichment Center is closed!	10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 Back to Larkin 12:00 Lunch at Larkin 1:30 clean up 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:30 Brain Games 12
10:00 Meet and Greet 10:30 Daily Chronicle 10:40 Brain Teasers 11:00 MIM 11:45 Prepare lunch 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 15	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:00 Drawer Detective 3:45 Trivia 16	Early Start! 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano 11:15 <u>Bus back to Larkin</u> 12:00 Lunch at Joslyn 12:30 <u>Karaoke at Joslyn</u> 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Musical Jingo 17	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music Therapy at Pilgrim's 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be Fit 3:00 Jingo 3:45 Puzzles 18	10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 <u>Visit Mt. San Antonio Garden</u> 12:00 Lunch at the Garden Joint Activities 3:00 Back to Larkin 3:30 Music to relax 19
10:00 Meet and Greet 10:30 Daily Chronicle 10:40 Brain Teasers 11:00 Bingo 11:45 Prepare lunch 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 22	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Jingo 3:45 Trivia 23	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:15 <u>Bus to San Dimas</u> 12:00 Lunch in San Dimas 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Game 24	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 MIM 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be Fit 3:00 Music through life 3:45 Board Games 25	10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 <u>Visit the CAL POLY Farmstore</u> 12:00 Lunch 2:00 Take a tour 2:30 Back to Larkin 3:00 Music video 3:30 Game 26
10:00 Meet and Greet 10:20 Daily Chronicle 10:45 Monday Music (JA) 11:45 Prepare lunch 12:00 Lunch at Larkin 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat 29	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic 3:45 Trivia 30	 <p>April 2019</p> <p>The Enrichment Center is located at 763 W. Harrison Ave., Claremont, CA 91711 For more information and how to enroll, call Community Senior Services at: 909-621-9900</p>		

The Enrichment Center Adult Day Program works with "The Best Friends"™ Approach, Positive Approach to Care (PAC) & Memories in the Making!