



Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music (JA) 11:45 Prepare lunch 12:00 Lunch at Larkin <u>1:30 Clean up</u> 1:45 Music Video 2:30 Sit and be fit 3:00 Art project of the month 3:45 This and That</p> <p>3</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Art Project of the month 3:45 Sit and chat</p> <p>4</p>	<p>10:00 Meet at Taylor Hall 1775 N. Indian Hill Blvd., Claremont <u>Christmas Party</u> <u>Organized by City of Claremont</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:15 Ice-cream Social 3:30 Game</p> <p>5</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Prepare lunch 12:00 Lunch at Larkin 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:00 Art project of the month 3:30 Board Games</p> <p>6</p>	<p>10:00 Meet and Greet 10:30 Hymn Singing (JA) 3:00 Art Project of the month 3:30 Board Games 11:45 Prepare lunch at Larkin 12:00 Lunch at Larkin 1:30 Clean up 1:45 Music Video & Eercise <u>3:00 Christmas Tunes & Caroling</u> <u>at the Petterson Museum at Pliqrim's</u> <u>Place</u></p> <p>7</p>
<p><u>Note: LATE START</u> 10:45 Meet and Greet 11:00 SingFit 11:45 Prepare lunch 12:00 Lunch at Larkin <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 2:45 MIM 4:00 Music Fest at Pitzer <u>Pick up at Pitzer Lodge at 4:45</u></p> <p>10</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Singfit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic 3:45 Shake loose the memory</p> <p>11</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle <u>10:45 Visit the Petterson Museum</u> <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:15 Ice-cream Social 3:30 Trivia</p> <p>12</p>	<p>The Enrichment Center is closed!</p>	
<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Brain Teasers 11:45 Prepare lunch 12:00 Lunch at Larkin <u>1:30 Clean up</u> 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:45 This and That</p> <p>17</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor 12:00 Lunch at Manor 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Drawer Detective 3:45 Sit and chat</p> <p>18</p>	<p>Early Start! 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano <u>11:15 Bus back to Larkin</u> <u>12:00 Lunch at Joslyn</u> 12:30 Karaoke at Joslyn 2:00 Music Video 2:45 Sit and be Fit 3:15 Ice cream Social</p> <p>19</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music through Life 11:45 Prepare lunch 12:00 Lunch at 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:00 MIM 3:30 Board Games</p> <p>20</p>	<p>10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 Prepare lunch at Larkin 12:00 Lunch at Larkin 1:30 Clean up 2:00 Music Video 2:45 Sit and be fit <u>3:00 Christmas Traditions, goodies</u> <u>and toast!</u></p> <p>21</p>
<p>The Enrichment Center is closed!</p> <p>24</p>	<p>The Enrichment Center is closed! MERRY CHRISTMAS!</p> <p>25</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit <u>3:15 White Elephant exchange</u> <u>Bring a generic wrapped gift!</u></p> <p>26</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music through Life 11:45 Prepare lunch 12:00 Lunch at Larkin 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:00 Music through Life 3:30 Board Games</p> <p>27</p>	<p>10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio</u> <u>Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint activities</u> New Year's Toast! 3:30 Music to relax</p> <p>28</p>
<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music (JA) 11:45 Prepare lunch 12:00 Lunch at Larkin <u>1:30 Clean up</u> 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:45 New Year's Tradition</p> <p>31</p>	 <h1 style="color: blue;">December 2018</h1> <p>The Enrichment Center is located at 763 W. Harrison Ave., Claremont. For more information and how to enroll call Community Senior Services at: 909-621-9900</p> 			

The Enrichment Center Adult Day Program uses "The Best Friends™ Approach, Positive Approach to Care, (PAC) and "Memories in the Making."