


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>January 2019 The Enrichment Center is located at 763 W. Harrison Ave., Claremont, CA 91711</p>	<p>1 The Enrichment Center is closed!</p>	<p>2 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project of the month <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:30 Trivia</p>	<p>3 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project of the month 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Memory Magic 3:45 Sit and chat</p>	<p>4 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint activities</u> <u>3:00 Back to Larkin</u> 3:45 Sit and chat</p>
<p>7 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music at Pilgrims (JA) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 4:00 Pick up</p>	<p>8 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Drawer Detectives 3:45 Sit and chat</p>	<p>9 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Pet Therapy with Sally & Hank <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:30 Trivia</p>	<p>10 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Memory Magic 3:45 Sit and chat</p>	<p>11 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Brain Challenges</p>
<p>Note: LATE START (time change) 14 10:45 Meet and Greet 11:15 SingFit 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 2:45 Memory Magic <u>4:00 Music Fest at Pitzer</u> <u>Pick up at Pitzer Lodge at 4:45</u></p>	<p>15 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Memory Magic 3:45 Sit and chat</p>	<p>16 The Enrichment Center is closed!</p>	<p>17 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music Therapist Rita (JA) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Games 3:45 Sit and chat</p>	<p>18 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint activities</u> <u>3:00 Back to Larkin</u> 3:45 Sit and chat</p>
<p>21 The Enrichment Center is closed to observe Martin Luther King Day!</p>	<p>22 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Board games 3:45 Sit and chat</p>	<p>23 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:30 Trivia</p>	<p>24 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music through Life 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Jingo 3:45 Sit and chat</p>	<p>25 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Bus to Bracket Airfield, LaVerne</u> <u>12:00 Lunch at Norm's Hangar and watch the scene!</u> <u>2:00 Back to Larkin</u> 2:30 Music Video 3:15 Sit and be Fit 3:45 This and That</p>
<p>28 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music at Pilgrims (JA) <u>11:30 Visit Oakmont</u> <u>12:00 Lunch at Oakmont</u> <u>Joint activities</u> <u>3:30 Return to Claremont</u></p>	<p>29 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Brain Challenges 3:45 Sit and chat</p>	<p>30 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:30 Trivia</p>	<p>31 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 MIM 3:45 Sit and chat</p>	<p>For more information and how to enroll, call Community Senior Services at: 909-621-9900</p>

The Enrichment Center Adult Day Program uses "The Best Friends™ Approach, Positive Approach To Care, (PAC) and "Memories in the Making."