

Monday

Tuesday



Wednesday

Thursday

Friday

March 2019

The Enrichment Center is located at 763 W. Harrison Ave., Claremont, CA 91711
 For more information and how to enroll, call Community Senior Services at: 909-621-9900

 					
	4	5	6	7	1
10:00 Meet and Greet 10:30 Monday Music (JA) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Art Project (continue) 3:45 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Drawer Detective <u>11:30 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:15 Game	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 MIM 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:15 Jingo 3:45 Sit and chat	10:00 Meet and Greet 10:30 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint Activities</u> <u>3:00 Back to Larkin</u> 3:30 Music to relax	
Note: LATE START 10:45 SingFit 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 Memory Magic <u>4:00 Music Fest at Pitzer</u> Pick up at Pitzer Lodge at 4:45	11	12	13	The Enrichment Center is closed!	14
10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Pet visit with Sally & Hank 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:45 Trivia	18	19	20	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Memory Magic 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:15 Jingo 3:45 Sit and chat	21
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10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Memory Magic 3:45 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Pet visit with Sally & Hank 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:45 Trivia	Early Start! 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano <u>11:15 Bus back to Larkin</u> <u>12:00 Lunch at Joslyn</u> 12:30 Karaoke at Joslyn 1:45 Music Video 2:30 Sit and be Fit 3:15 Ice Cream Social 3:30 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Music through Life 11:45 Prepare Lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:15 Shake out the memory 3:45 Sit and chat	10:00 Meet and Greet 10:30 Hymn Singing (JA) 11:45 walk back to Larkin <u>12:00 Lunch at Larkin</u> 1:30 Music Video 2:30 Sit and be fit 3:00 SingFit 3:30 Brain Games	29

The Enrichment Center is based on "The Best Friends Approach to Alzheimer's"™ and is a "Memory in the Making Site."