


Monday

Tuesday

Wednesday

Thursday

Friday

 <p>May is Older American Month! May 2019</p> <p>The Enrichment Center is located at 763 W. Harrison Ave., Claremont, CA 91711 For more information and how to enroll, call Community Senior Services at: 909-621-9900</p>		<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:15 Shake loose the memory</p>	<p>1</p> <p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Music through Life</p>	<p>2</p> <p>10:00 Meet and Greet 10:15 Daily Chronicle 10:30 Hymn Singing (JA) <u>11:45 Prepare Lunch at Larkin</u> <u>12:00 Lunch at Larkin</u> 1:30 Clean up 2:00 Music Video 2:45 Sit and be fit 3:15 Departure to Sanctuary Café Art & Conversation Meet the artist!</p>	<p>3</p> <p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:15 Shake loose the memory</p>				
<p>10:00 Meet and Greet 10:15 Daily Chronicle 10:30 Monday Music (JA) <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 Art Project 3:45 Brain Games</p>	<p>6</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 SingFit</p>	<p>7</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Drawer Detectives <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Name "FIVE"</p>	<p>8</p>	<p>9</p> <p>The Enrichment Center is closed!</p>	<p>10:00 Meet and Greet 10:30 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint Activities</u> <u>3:00 Back to Larkin</u> 3:30 Music to relax</p>	<p>10</p>	
<p>Note: LATE START! 11:15 MIM 12:00 Prepare lunch <u>12:15 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Drawer Detective 4:00 Music Fest Pick up at Pitzer Lodge at 4:45</p>	<p>13</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Jingo 3:45 Trivia</p>	<p>14</p>	<p>Early Start! 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano <u>11:15 Bus back to Larkin</u> <u>12:00 Lunch at Joslyn</u> 12:30 Karaoke at Joslyn 1:45 Music Video 2:30 Sit and be fit 3:15 Ice Cream Social 3:30 Trivia</p>	<p>15</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Jingo <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic 3:45 Brain Games</p>	<p>16</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music at Pilgrims (JA) <u>11:30 Visit Oakmont</u> <u>12:00 Lunch at Oakmont</u> <u>Joint activities</u> <u>3:30 Return to Claremont</u></p>	<p>17</p>
<p>10:00 Meet and Greet 10:15 Daily Chronicle 10:30 Monday <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Brain Games</p>	<p>20</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Drawer Detective 3:45 This and That</p>	<p>21</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Roll the dice</p>	<p>22</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 MIM <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic 3:45 Brain Games</p>	<p>23</p>	<p>Early drop off: 9:20 Drop off at Metro Link Station Claremont <u>Field Trip to visit La Placitas in LA, Lunch at the Mexican Village</u> <u>Back at Metro Link Station Claremont at 4:01</u> Enrichment Ctr. phone: 909-295-1617</p>	<p>24</p>
<p>The Enrichment Center is closed to observe Memorial Day!</p>	<p>27</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Shake loose the memories 3:45 Trivia</p>	<p>28</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit (JA) <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Pennies in</p>	<p>29</p>	<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Shake loose the memories <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic 3:45 Brain Games</p>	<p>30</p>	<p>10:00 Meet and Greet 10:30 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint Activities</u> <u>3:00 Back to Larkin</u> 3:30 Music to relax</p>	<p>31</p>

The Enrichment Center uses "The Best Friends™ Approach to Alzheimer's" and "Positive Approach to Care" (PAC) and "Memories in the Making."