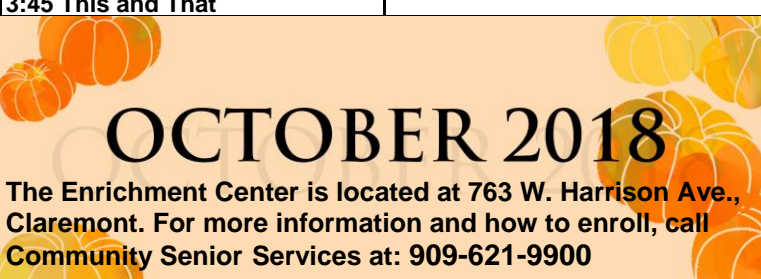


Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Monday Music (JA) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Fall Art Project 3:45 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Games <u>11:00 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:30 Sit and be fit 3:00 Ice-cream Social 3:15 Shake loose the memory	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project (continue) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Musical Bingo 3:45 Sit and chat	10:00 Meet and Greet 10:30 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint Activities</u> <u>3:00 Back to Larkin</u> 3:30 Music to relax
<b>Note: LATE START</b> 10:45 SingFit 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 MIM <u>4:00 Music Fest at Pitzer</u> <u>Pick up at Pitzer Lodge at 4:45</u>	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 3:45 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Games <u>11:00 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Name "FIVE"	<b>The Enrichment Center is Closed!</b>	
10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Drawer Detectives <u>11:30 Oakmont of San Antonio Heights</u> <u>12:00 Lunch at Oakmont</u> <u>Joint activities</u> 3:15 Back to Larkin	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Memory Magic 3:45 Trivia	<b>Early Start!</b> 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano <u>11:15 Bus back to Larkin</u> <u>12:00 Lunch at Joslyn</u> 12:30 Karaoke at Joslyn 1:45 Music Video 2:30 Sit and be Fit 3:15 Ice Cream Social 3:30 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music Therapy at Pilgrims 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Jingo 3:45 Sit and chat	10:00 Meet and Greet 10:30 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint Activities</u> <u>3:00 Back to Larkin</u> 3:30 Music to relax
10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Drawer Detective 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Pet Visit with Sally & Hank 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 SingFit 3:45 Trivia	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Music through Life <u>11:30 Departure to CALPOLY</u> <u>12:00 Lunch</u> <u>1:30 Tour the grounds, visit the the Pumpkin Patch, take a Hayride</u> 3:00 Return to Larkin 3:30 Music to relax	10:00 Meet and Greet 10:30 Daily Chronicle 10:45 MIM 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be Fit 3:00 Shake loose the memory 3:45 This and That	10:00 Meet and Greet 10:15 Daily Chronicle 10:30 Hymn Singing (JA) 11:30 Back to Larkin 12:00 Friday Pizza Lunch 1:30 Clean up 1:45 Music Video 2:45 Sit and be fit 3:15 SingFit
10:00 Meet and Greet 10:30 Daily Chronicle 11:45 Monday Music (JA) 11:45 Prepare lunch <u>12:00 Lunch at Larkin</u> 1:15 Clean up 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Sit and chat	10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back to Larkin 1:45 Music Video 2:30 Sit and be fit 3:00 Halloween Jingo 3:45 Trivia	<b>Happy Halloween!</b> 10:00 Meet and Greet 10:30 Daily Chronicle/Games 11:00 <u>Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Larkin 2:00 Music Video 2:15 Sit and be fit <u>3:00 Halloween Party</u>	 <h1>OCTOBER 2018</h1> <p>The Enrichment Center is located at 763 W. Harrison Ave., Claremont. For more information and how to enroll, call Community Senior Services at: 909-621-9900</p>	

The Enrichment Center Adult Day Program uses "The Best Friends™ Approach, Positive Approach To Care, (PAC) and "Memories in the Making."