

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Enrichment Center is closed to observe Labor Day!</p> <p>2 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 SingFit</p>	<p>3 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Memory Magic <u>11:15 Bus to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:30 Back to Larkin 2:00 Music Video 2:45 Sit and be fit 3:15 Ice-cream Social 3:30 Name "FIVE"</p>	<p>4 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Art Project (continue) <u>12:00 Prepare Lunch at Larkin</u> <u>12:15 Lunch</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 SingFit</p>	<p>5 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint activities</u> <u>3:00 Back to Larkin</u> 3:15 Music to relax</p>	<p>6 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:45 Prepare lunch</u> <u>12:00 Lunch at Larkin</u> 1:30 Music Video 2:30 Sit and be Fit 3:15 SingFit</p>
<p>Note: LATE START! 10:45 MIM 12:00 Prepare lunch <u>12:15 Lunch at Larkin</u> <u>1:30 Clean up</u> 1:45 Music Video 2:30 Sit and be fit 3:15 Drawer Detective <u>4:00 Music Fest</u> Pick up at Pitzer Lodge at 4:45</p> <p>9</p>	<p>10 10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Games</p>	<p>11 10:00 Meet and Greet 10:30 Daily Chronicle 10:45 SingFit <u>11:30 Bus to the LA county Fair</u> <u>Lunch at the Fair</u> <u>Visit different locations</u> Pick up at the fair at 3:45 pm at Yellow Gate # 17 McKinnley, Pomona</p>	<p>12</p> <p>The Enrichment Center is Closed!</p>	<p>13 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:45 Prepare lunch</u> <u>12:00 Lunch at Larkin</u> 1:30 Music Video 2:30 Sit and be Fit 3:15 SingFit</p>
<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Brain Games <u>12:00 Lunch at Larkin</u> <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Brain Games</p> <p>16</p>	<p>17 10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Brain Games</p>	<p>Note: Early Start 9:50 Meet at Mt. San Antonio Garden (Main Entrance) 10:00 Don Linde plays the piano <u>11:15 Bus to Joslyn</u> <u>12:00 Lunch Joslyn</u> 12:30 Karaoke at Joslyn 2:00 Music Video 2:45 Sit and be Fit 3:15 Ice Cream Social 3:30 Trivia</p> <p>18</p>	<p>19 10:00 Meet and Greet 10:30 Daily Chronicle 11:00 Music through Life <u>12:00 Prepare Lunch</u> <u>12:15 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Memory Magic</p>	<p>20 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:30 Visit Mt. San Antonio Garden</u> <u>12:00 Lunch at the Garden</u> <u>Joint activities</u> <u>3:00 Back to Larkin</u> 3:15 Music to relax</p>
<p>10:00 Meet and Greet 10:30 Daily Chronicle 10:45 Puzzles <u>12:00 Lunch at Larkin</u> <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Brain Games</p> <p>23</p>	<p>24 10:00 Meet and Greet 10:30 Daily Chronicle 11:00 SingFit 11:45 Walk to Manor <u>12:00 Lunch at Manor</u> 1:30 Walk back 1:45 Music Video 2:30 Sit and be fit 3:15 Jingo</p>	<p>25 10:00 Meet and Greet 10:30 Daily Chronicle 11:45 Brain Games <u>11:30 Oakmont of San Antonio Heights</u> <u>12:00 Lunch at Oakmont</u> <u>Joint activities</u> <u>3:15 Pick up / Back to Larkin</u></p>	<p>26 10:00 Meet and Greet 10:30 Daily Chronicle 11:00 MIM <u>12:00 Prepare Lunch at Larkin</u> <u>12:15 Lunch at Larkin</u> 1:30 Clean up 1:45 Music Video 2:30 Sit and be fit 3:15 Shake loose the memory</p>	<p>27 10:00 Meet and Greet 10:15 Daily Chronicle 10:40 Hymn Singing (JA) <u>11:45 Prepare lunch</u> <u>12:00 Lunch at Larkin</u> 1:30 Music Video 2:30 Sit and be fit 3:15 Musical Bingo</p>
<p>10:00 Meet and Greet 10:15 Daily Chronicle 10:30 Monday Music (JA) <u>12:00 Lunch at Larkin</u> <u>1:15 Clean up</u> 1:30 Music Video 2:15 Sit and be fit 3:00 SingFit 3:45 Brain Games</p> <p>30</p>	 <p style="text-align: center;">September 2019</p> <p style="text-align: center;">The Enrichment Center is located at 763 W. Harrison Ave, Claremont, CA 91711 For more information and how to enroll, call Community Senior Services at (909) 621 – 9900</p>			

The Enrichment Center uses "The Best Friends™ Approach to Alzheimer's"; "Positive Approach to Care" (PAC) and "Memories in the Making".